



Life imitating Art.



Mask making with the Community.

Don't miss out!

Yom Hashoah Ceremony

Monday, May 6
11:00 am – In the Lobby

Mother's Day Art Project

Wednesday, May 8
2:00 pm – V!VAcraft Kitchen

Yom HaAzmaut Celebration

Tuesday, May 14
2:00 pm – In the Lobby and Perks! Café

BEANO Night

Tuesday, May 14
7:00 pm – Pints! Pub

Toronto Blue Jays Night

Wednesday, May 29
7:00 pm – V!VAp!ex

Receive a cheque* for every friend you refer to V!VA Thornhill Woods who moves in.

All they need to do is tell us who referred them. That's just our way of saying 'Thanks!' for helping someone else be Happier Here™, too!

*Conditions apply

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Loving the Purim gifts from the neighbourhood day school.



V!VA Variety Show at it's Best.



Celebrating Purim at V!VA.



Eclipse Viewing



Queen Victoria & Her Holiday

Victoria Day is a Canadian tradition and doesn't actually exist in most of England. But it is celebrated in parts of Scotland, especially Edinburgh, where it remains an official holiday.

When Victoria was just a little girl, she was known by her nickname, Drina.

Despite being born in England, Victoria only spoke German up until the age of three.

She married Prince Albert in 1840, although they'd known each other since she was 16. And it really was a family affair. Prince Albert of Saxe-Coburg and Gotha was her first cousin and his father was her mother's brother!

Because she was Queen, she had to propose to Albert, and not vice versa.

She took over the throne in 1837, after the death of William IV. She was just 18 years old.

She became a grandma at 39 and a great grandmother twenty years later.

She was the first Queen of Canada, sitting on the throne when this country was founded in 1867.

She liked to drink a concoction called Vin Mariani. One of its main ingredients? Cocaine.

It's said it was Victoria who started the tradition of a bride wearing white. Before her wedding a woman would simply wear her best dress, no matter what colour it was.

SUDOKU FUN!

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|---|---|---|---|---|---|---|---|---|
| 1 | | | | 9 | 4 | 7 | | 5 |
| 5 | 7 | 3 | 1 | | 2 | | | |
| | 4 | | | 5 | 3 | 1 | | 8 |
| | 8 | 1 | 5 | 6 | 7 | 3 | 4 | |
| | | | 8 | | 1 | | | 7 |
| | 5 | 6 | 4 | | 9 | | | 2 |
| 4 | 6 | | | | | | 9 | |
| | 3 | | 9 | 1 | | | 7 | 6 |
| 9 | | | | 4 | | | | |

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| 1 | 4 | 2 | | 9 | | | | 5 | |
| 7 | | | 4 | | | | | 8 | 9 |
| 8 | | 5 | | | | | | 2 | 4 |
| 2 | | | | | 4 | 8 | | | |
| | 3 | | | | 1 | 2 | 6 | | |
| | 8 | | | 7 | 2 | 9 | 4 | 1 | |
| | 5 | | 2 | | 6 | | | | |
| | 2 | 8 | | | 9 | 4 | 1 | | |
| | 7 | 9 | 1 | | 8 | 5 | 3 | | |

Each puzzle consists of a 9x9 grid containing given clues in various places. The object is to fill all empty squares so that the numbers 1 to 9 appear exactly once in each row, column and 3x3 box.

Reserve your spot for events and programs at Concierge.

May 2024

V!VA Thornhill Woods



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Locations Legend</p> <p>Family Den (FD) V!VAfit Studio (VS) V!VAplex (VP) Pints! Pub (PP) Craft Kitchen (CK) Lobby (L) Pool (P) Brain Gym (BG) Victory Garden (VG)</p> | | | <p>10:00 V!VAfit Balance (VS) 1 10:00 Aquafit w/Jan (P) 10:00 V!VAfit Sit (FD) 10:30 Brain Games (FD) 11:00 V!VAfit Sit & Stand (VS) 11:00 Tech Help (BG) 11:00 Community Council Meeting (PP) 2:00 Wednesday Live Concert Series w/Kelly Davies (L) 3:15 Tai Chi (FD) 7:00 Movie Night (VP) 7:00 Jeopardy Night (PP)</p> | <p>10:00 V!VAfit Balance (VS) 2 10:00 V!VAfit Sit (FD) 10:30 Pictionary (FD) 11:00 V!VAfit Sit & Stand (VS) 2:15 BEANO! (PP) 2:30 Open Swim (P) 3:15 Audio Book Club (CK) 3:30 Music Hour w/Shiba (FD) 3:30 Glee Club (VP) 7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Sit (FD) 3 10:00 V!VAfit Flow (VS) 10:30 Music w/Aubrey (FD) 11:00 V!VAfit Sit & Stand (VS) 2:00 Movie Matinee (VP) 2:15 Name that Tune (PP) 2:15 DrumFit and Music (VS) 3:30 V!VA's Happy Hour (PP) 4:30 Shabbat Blessings & Songs (PP) 7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Sit (FD) 4 10:30 Virtual Shabbat Service (VP) 11:00 V!VAfit Sit & Stand (VS) 11:00 Tech Help (BG) 2:00 Movie Matinee (VP) 2:00 Drink Tasting w/Stephen (PP) 3:00 Brain Games (FD) 4:00 Text Twist (VP) 4:30 Mindful Meditation (VS) 7:00 Movie Night (VP)</p> |
| <p>Erev Yom Hashoah 5 10:00 V!VAfit Sit (FD) 11:00 V!VAfit Sit & Stand (VS) 11:30 Tech Help w/Shiba (BG) 1:00 Open Gym (VS) 2:00 TV Series: Virgin River Season 1 (VP) 2:15 Mandala Therapeutic Coloring (FD) 3:30 V!VA's Favourite Music Hour (VP) 7:00 Movie Night (VP)</p> | <p>Yom Hashoah 6 10:00 Zumba w/Mandi (VS) 10:00 V!VAfit Sit (FD) 10:00 Bus Outing (L) 11:00 V!VAfit Sit and Stand (VS) 11:30 Yom Hashoah Service (L) 2:00 Monday Matinee (VP) 2:15 Bird Watching Group (L) 3:30 Viva's Music Hour (FD) 3:30 News and Views with Rodney (CK) 7:00 Movie Night (VP) 7:00 Poker Night (CK)</p> | <p>10:00 V!VAfit Balance (VS) 7 10:00 V!VAfit Sit (FD) 10:00 Bus Outing (L) 10:30 Movement and Motion (FD) 11:00 V!VAfit Sit & Stand (VS) 11:30 Torah Discussions w/Dalia (CK) 2:15 BEANO! (PP) 2:30 Open Swim (P) 3:15 Audio Book Club (CK) 3:30 Music Hour (FD) 3:30 Glee Club (VP) 4:30 Mindful Meditation (VS) 7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Balance (VS) 8 10:00 Aquafit w/Jan (P) 10:00 V!VAfit Sit (FD) 10:30 Brain Games (FD) 11:00 V!VAfit Sit & Stand (VS) 11:00 Tech Help (BG) 11:00 Community Conversational Hebrew (CK) 2:00 Mother's Day Art Project w/Aubrey (CK) 3:15 Tai Chi (FD) 4:00 Wordle (VP) 7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Balance (VS) 9 10:00 V!VAfit Sit (FD) 10:30 Pictionary (FD) 10:45 V!VA Voices (PP) 11:00 V!VAfit Sit & Stand (VS) 2:15 BEANO! (PP) 2:30 Open Swim (P) 3:15 Audio Book Club (CK) 3:30 Music Hour w/Shiba (FD) 4:00 Garden Meet up and Conversation (VG) 7:00 Pub Night w/Music by Rhonda Silver hosted by the Java Group (PP)</p> | <p>10:00 V!VAfit Sit (FD) 10 10:00 V!VAfit Flow (VS) 10:30 Music w/Aubrey (FD) 11:00 V!VAfit Sit & Stand (VS) 2:00 Movie Matinee (VP) 2:15 Name that Tune (PP) 2:15 DrumFit and Music (VS) 3:30 V!VA's Happy Hour (PP) 4:30 Shabbat Blessings & Songs (PP) 7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Sit (FD) 11 10:30 Virtual Shabbat Service (VP) 11:00 V!VAfit Sit & Stand (VS) 11:00 Tech Help (BG) 2:00 Movie Matinee (VP) 2:00 Scattergories (PP) 3:00 Brain Games (FD) 3:30 Text Twist (PP) 4:30 Mindful Meditation (VS) 7:00 Movie Night (VP)</p> |
| <p>Mother's Day Yom HaZikron (PP) 12 10:00 V!VAfit Sit (FD) 11:00 V!VAfit Sit & Stand (VS) 11:30 Tech Help w/Shiba (BG) 1:00 Open Gym (VS) 2:00 TV Series: Virgin River Season 1 (VP) 2:15 Mandala Therapeutic Coloring (FD) 3:30 V!VA's Favourite Jewish Music Hour (VP) 7:00 Movie Night (VP)</p> | <p>10:00 Zumba w/Mandi (VS) 13 10:00 V!VAfit Sit (FD) 10:00 Bus Outing (L) 11:00 V!VAfit Sit and Stand (VS) 2:00 Monday Matinee (VP) 2:15 Walking Group (L) 3:30 Viva's Music Hour (FD) 3:30 News and Views with Rodney (CK) 7:00 Movie Night (VP) 7:00 Poker Night (CK)</p> | <p>Yom HaAzmaut 14 10:00 V!VAfit Balance (VS) 10:00 V!VAfit Sit (FD) 10:00 Bus Outing (L) 10:30 Movement and Motion (FD) 11:00 V!VAfit Sit & Stand (VS) 11:30 Torah Discussions w/Dalia (CK) 2:00 Concert Celebration for Yom HaAtzma'ut w/The Wonder Duo (L) 4:30 Mindful Meditation (VS) 7:00 Movie Night (VP) 7:00 BEANO Night (PP)</p> | <p>10:00 V!VAfit Balance (VS) 15 10:00 Aquafit w/Jan (P) 10:00 V!VAfit Sit (FD) 10:30 Brain Games (FD) 11:00 V!VAfit Sit & Stand (VS) 11:00 Community Conversational Hebrew (CK) 11:00 Vendor: Nelly's Comfort Shoes (PP) 11:30 Tech Help (BG) 2:00 Wednesday Concert Series w/Filipa Sousa (L) 3:15 Tai Chi (FD) 3:30 Euchre Hour (PP) 7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Balance (VS) 16 10:00 V!VAfit Sit (FD) 10:30 Pictionary (FD) 10:45 V!VA Voices (PP) 11:00 V!VAfit Sit & Stand (VS) 2:15 BEANO! (PP) 2:30 Open Swim (P) 3:15 Audio Book Club (CK) 3:30 Music Hour w/Shiba (FD) 7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Sit (FD) 17 10:00 V!VAfit Flow (VS) 10:30 Music w/Aubrey (FD) 11:00 V!VAfit Sit & Stand (VS) 1:45 Cooking it up w/Lifestyles (CK) 2:00 Movie Matinee (VP) 2:15 DrumFit and Music (VS) 3:30 V!VA's Happy Hour (PP) 4:30 Shabbat Blessings & Songs (PP) 7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Sit (FD) 18 10:30 Virtual Shabbat Service (VP) 11:00 V!VAfit Sit & Stand (VS) 11:30 Tech Help (BG) 2:00 Movie Matinee (VP) 2:15 Name that Tune (PP) 3:00 Brain Games (FD) 3:30 Text Twist (PP) 4:30 Mindful Meditation (VS) 7:00 Movie Night (VP)</p> |

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May 2024

V!VA Thornhill Woods



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>10:00 V!VAfit Sit (FD) 19</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>11:30 Tech Help w/Shiba (BG)</p> <p>1:00 Open Gym (VS)</p> <p>2:00 TV Series: Virgin River Season 1 (VP)</p> <p>2:15 Mandala Therapeutic Coloring (FD)</p> <p>3:30 V!VA's Favourite Music Hour (VP)</p> <p>7:00 Movie Night (VP)</p> | <p>10:00 Zumba w/Mandi (VS) 20</p> <p>10:00 V!VAfit Sit (FD)</p> <p>10:00 Bus Outing (L)</p> <p>11:00 V!VAfit Sit and Stand (VS)</p> <p>2:00 Monday Matinee (VP)</p> <p>2:15 Bird Watching Group (L)</p> <p>3:30 Viva's Music Hour (FD)</p> <p>3:30 News and Views with Rodney (CK)</p> <p>7:00 Movie Night (VP)</p> <p>7:00 Poker Night (CK)</p> | <p>10:00 V!VAfit Balance (VS) 21</p> <p>10:00 V!VAfit Sit (FD)</p> <p>10:00 Bus Outing (L)</p> <p>10:30 Movement and Motion (FD)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>11:30 Torah Discussions w/Dalia (CK)</p> <p>2:15 BEANO! (PP)</p> <p>2:30 Open Swim (P)</p> <p>3:15 Audio Book Club (CK)</p> <p>3:30 Music Hour (FD)</p> <p>3:30 Glee Club (VP)</p> <p>4:30 Mindful Meditation (VS)</p> <p>7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Balance (VS) 22</p> <p>10:00 Aquafit w/Jan (P)</p> <p>10:00 V!VAfit Sit (FD)</p> <p>10:30 Brain Games (FD)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>11:00 Community Conversational Hebrew (CK)</p> <p>11:30 Tech Help (BG)</p> <p>2:00 Rummikub Tournament (PP)</p> <p>2:00 Walker Repair Clinic w/Help Mobility (PP)</p> <p>3:15 Tai Chi (FD)</p> <p>7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Balance (VS) 23</p> <p>10:00 V!VAfit Sit (FD)</p> <p>10:30 Pictionary (FD)</p> <p>10:45 V!VA Voices (PP)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>2:15 BEANO! (PP)</p> <p>2:30 Open Swim (P)</p> <p>3:15 Audio Book Club (CK)</p> <p>3:30 Music Hour w/Shiba (FD)</p> <p>4:00 Garden Meet up and Conversation (VG)</p> <p>7:00 Movie Night (VP)</p> <p>7:00 Game Night: Scattergories (PP)</p> | <p>10:00 V!VAfit Sit (FD) 24</p> <p>10:00 V!VAfit Flow (VS)</p> <p>10:30 Music w/Aubrey (FD)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>2:00 Movie Matinee (VP)</p> <p>2:15 The Price is Right (PP)</p> <p>2:15 DrumFit and Music (VS)</p> <p>3:30 V!VA's Happy Hour (PP)</p> <p>4:30 Shabbat Blessings & Songs (PP)</p> <p>7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Sit (FD) 25</p> <p>10:30 Virtual Shabbat Service (VP)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>11:30 Tech Help (BG)</p> <p>2:00 Movie Matinee (VP)</p> <p>2:15 Name that Tune (PP)</p> <p>3:00 Brain Games (FD)</p> <p>3:30 Text Twist (PP)</p> <p>4:30 Mindful Meditation (VS)</p> <p>7:00 Movie Night (VP)</p> |
| <p>10:00 V!VAfit Sit (FD) 26</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>11:30 Tech Help w/Shiba (BG)</p> <p>1:00 Open Gym (VS)</p> <p>2:00 TV Series: Virgin River Season 1 (VP)</p> <p>2:15 Mandala Therapeutic Coloring (FD)</p> <p>3:30 V!VA's Favourite Music Hour (VP)</p> <p>7:00 Movie Night (VP)</p> | <p>10:00 Zumba w/Mandi (VS) 27</p> <p>10:00 V!VAfit Sit (FD)</p> <p>10:00 Bus Outing (L)</p> <p>11:00 V!VAfit Sit and Stand (VS)</p> <p>2:00 Monday Matinee (VP)</p> <p>2:15 Book Club Meeting (CK)</p> <p>2:15 Walking Group (L)</p> <p>3:30 Viva's Music Hour (FD)</p> <p>3:30 News and Views with Rodney (CK)</p> <p>7:00 Movie Night (VP)</p> <p>7:00 Poker Night (CK)</p> | <p>10:00 V!VAfit Balance (VS) 28</p> <p>10:00 V!VAfit Sit (FD)</p> <p>10:00 Bus Outing (L)</p> <p>10:30 Movement and Motion (FD)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>11:30 Torah Discussions w/Dalia (CK)</p> <p>2:15 BEANO! (PP)</p> <p>2:30 Open Swim (P)</p> <p>3:15 Audio Book Club (CK)</p> <p>3:30 Music Hour (FD)</p> <p>3:30 Glee Club (VP)</p> <p>4:30 Mindful Meditation (VS)</p> <p>7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Balance (VS) 29</p> <p>10:00 Aquafit w/Jan (P)</p> <p>10:00 V!VAfit Sit (FD)</p> <p>10:30 Brain Games (FD)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>11:00 Community Conversational Hebrew (CK)</p> <p>11:30 Tech Help (BG)</p> <p>2:15 May Birthday Party (PP)</p> <p>3:15 Tai Chi (FD)</p> <p>4:00 Wordle (VP)</p> <p>7:00 Toronto Blue Jays vs Chicago White Sox (VP)</p> | <p>10:00 V!VAfit Balance (VS) 30</p> <p>10:00 V!VAfit Sit (FD)</p> <p>10:30 Pictionary (FD)</p> <p>10:45 V!VA Voices (PP)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>2:15 BEANO! (PP)</p> <p>2:30 Open Swim (P)</p> <p>3:15 Audio Book Club (CK)</p> <p>3:30 Music Hour w/Shiba (FD)</p> <p>7:00 Movie Night (VP)</p> | <p>10:00 V!VAfit Sit (FD) 31</p> <p>10:00 V!VAfit Flow (VS)</p> <p>10:30 Music w/Aubrey (FD)</p> <p>11:00 V!VAfit Sit & Stand (VS)</p> <p>2:00 Movie Matinee (VP)</p> <p>2:15 Name that Tune (PP)</p> <p>2:15 DrumFit and Music (VS)</p> <p>3:30 V!VA's Happy Hour (PP)</p> <p>4:30 Shabbat Blessings & Songs (PP)</p> <p>7:00 Movie Night (VP)</p> | |

